



10 Ways to Get Involved this Holiday Season

Due to increased interest in volunteering around the holidays, Sacramento Food Bank & Family Services (SFBFS) is nearly fully booked with volunteers to help in our facilities through the month of December. However, there are other ways that you can support families in need and get more involved at SFBFS. Here are some ways to help out now:

- 1) Take a tour of our facilities. Tours of our Oak Park facility are offered almost every Wednesday at 10 a.m. and 6 p.m. Visit our [calendar \(http://www.trumba.com/calendars/sacramento-food-bank-family-services\)](http://www.trumba.com/calendars/sacramento-food-bank-family-services) to RSVP for a tour. A special holiday tour is available December 21 at 4 p.m.
- 2) Put together stockings of items for children who access SFBFS' services. Fill them with toys, books, mittens, hats, warm socks or any treat a youngster would like to receive. SFBFS will give stockings away at Christmas events on December 16 or 22.
- 3) Collect toys, books or stuffed animals to be given out at a Christmas event on December 16.
- 4) Collect toiletry and household items for newly arriving refugee families, which will be used throughout the year. Desired items include shampoo, conditioner, soap, toothpaste, toothbrush, razors, comb, brush, hand mirror, toilet paper pack, basic cleaning products for bathroom and kitchen, dishwashing soap, kitchen towels, etc.
- 5) Purchase new linen and towel sets for arriving refugee families. SFBFS can provide a detailed list of items if you are interested.
- 6) Participate in our Spirit of Giving donation drive. Request a barrel online to collect donations of food, clothing and baby items. <http://www.sacramentofoodbank.org/in-kind-donations/>
- 7) Host a [fundraising event](#) to raise financial support for SFBFS.
- 8) Use [Amazon Smile](#) for your holiday shopping to donate a percentage of your purchases to SFBFS.
- 9) Craft homemade items for SFBFS' families. Ideas include handmade scarves, baby booties, knit caps or fleece blankets to keep people warm during the winter season.
- 10) Planning a group activity? Contact Robin to book a future team volunteer date. Individuals may sign up for a future volunteer orientation. Your help is critically needed throughout the year.



Need more information? Visit www.sacramentofoodbank.org or contact Robin at volunteer@sacramentofoodbank.org or (916) 925-3240 ext. 123.